



TREKKERS' TRAILS

The Newsletter of the St. Albert Trekkers Volkssport Club

March 2006



At Waterton Lake—is this what they mean by multitasking?

President's Notes

Our Christmas Lights Walk was spectacular! 33 Trekkers and friends enjoyed a lovely warm winter evening walk, fantastic light displays, and delicious Christmas goodies along with mulled apple juice. Thank you to Trail Masters Willem and Johanna for seeking out the best light displays.

Everyone had a great time at the New Year's Day Walk and potluck luncheon at Glaewyn Estates. Our thanks to Sylvia Fisher for reserving the clubhouse for our use, and to Grace Newman and Jean Peters for looking after the kitchen duties.

The warm winter is wonderful for our walkers, but there wasn't enough snow for our cross-country ski event on January 21. Dave Luscombe reported that everyone had a great time in spite of the lack of snow for our ski enthusiasts.

Remember the Trekkers' Spring Equinox Walk on March 18 at the St. Albert Minor Baseball Association (SAMBA) clubhouse. Registration is at 2:00 PM, and the potluck will follow the walk at 5:00 PM. The Annual General Meeting will follow right after the potluck. Don't miss it!

A great way to learn more about the activities of the Volkssport Association of Alberta (VAA) is to attend their Annual General Meeting in Cardston on April 29 at the Remington Carriage House.

Register now for the Canadian Volkssport Federation (CVF) Conference, right here in Edmonton at the Shaw Conference Centre

on May 12, 13, and 14. Great walks, good food, outstanding entertainment and it's a wonderful way to meet fellow Volkssporters!

Happy Trails,
Phyllis May, President

Editor's Notes

Since this is my last newsletter, I want to thank the executive members and others in the club who have made my job easier by doing so much to help out. You've all kept the newsletter full of interesting articles and good pictures, and it was always easy for me to find an extra helping hand getting the newsletter out whenever I needed it. My thanks especially to Phyllis May and Dave Luscombe for 'going the extra mile' for me.

It's been a fun job, and I do hope that I'll someday have enough time to do it again. In the meantime, if you're interested in being Newsletter Editor but you're worried about the computer side of it, I would be happy to help you out.

See you on the trails!

Gordon Brandly

Volunteers Are Still Needed!

Volunteers are still needed to fill positions on the Executive or other areas as required. These positions will be available at the Annual General Meeting in March. Let's work together to make this happen and save the great efforts of others that made the Club what it is today. We need your help; please talk to us. It's greatly appreciated.

Phyllis May - 487-3570

Dave Luscombe - 475-7211

Member Achievements

Congratulations to the following Trekkers whose achievements were published in the January, February, March 2006 issue of *Volkssport Canada*:

Events

Kathleen Parr	1,450
Bob Collins	800
Mitch Melnychuk	650
Stella Melnychuk	650

Joan Rudyk	475
Joan Rudyk	450
Marlene Kubbernus	425
Marlene Kubbernus	400
Marlene Kubbernus	375
Ann Olsthoorn	375
Johanna Snoek	350
Johanna Snoek	325
Wilhelmus Snoek	325

Duane Spurrier	325	Mitch Melnychuk	15,000 km
Johanna Snoek	300	Stella Melnychuk	15,000 km
Wilhelmus Snoek	300	Joan Rudyk	7,000 km
Duane Spurrier	300	Michael Schlegel	5,000 km (cycle)
Wilhelmus Snoek	275	Marlene Kubbernus	5,000 km
Mary Sinclair	250	Marlene Kubbernus	4,500 km
Erna Wack	175	Perry Sokolan	4,500 km
Iris Campbell	150	Johanna Snoek	4,000 km
Erna Wack	150	Wilhelmus Snoek	4,000 km
Dave Luscombe	125	Duane Spurrier	4,000 km
Erna Wack	125	Kenneth Tappay	4,000 km
Janet Brandly	50	Johanna Snoek	3,500 km
Janet Brandly	30	Wilhelmus Snoek	3,500 km
Susanne Forbrich	30	Erna Wack	2,500 km
Shirley Powell	30	Iris Campbell	2,000 km
Janet Brandly	10	Dave Luscombe	1,500 km
Henk Harks	10	Janet Brandly	500 km

Distance

Mary Sinclair	20,000 km
Mary Sinclair	19,000 km
Mary Sinclair	18,000 km
Mary Sinclair	17,000 km
Billie Collins	16,000 km
Bob Collins	16,000 km
Kathleen Parr	16,000 km
Bob Collins	15,000 km

Want to keep up with all the Volkssporting news in Canada? Why not subscribe to Volkssport Canada? Only \$10.00 a year will get you 4 jam-packed issues full of all the latest adventures in Canada's Volkssporting world. Send a cheque or money order to:

Canadian Volkssport Federation
PO Box 2668, Station D
Ottawa, ON K1P 5W7

New Members

Please welcome to the following new members of our club:

Jeanne Caron of Edmonton
Barb Gauf of Edmonton

David Prowse of Jasper

May they find "Fun, Fitness & Friendship" on the trails!

News Bits

From walker-on-the-move Joan Rudyk:

I recently moved from St. Albert to Camrose. Our condo (duplex) overlooks the trails in the valley and the ski jump. When you're in the area, give me a call at

(780) 608-7712 and I'd be glad to walk with you!

Joan Rudyk
#14, 5405 39 Avenue
Camrose, AB T4V 5B6

Coming to the Annual General Meeting?

If so, you'll want to read this notice from our Vice President:

Notice Concerning the Annual General Meeting on March 18, 2006

At the Executive Meeting on April 27, 2005, the following motion was passed, concerning financial matters at Annual General Meetings:

“Any motion from the floor at a St. Albert Trekkers Annual General Meeting must be submitted to the Executive beforehand and added to the Agenda or it will be tabled until the Executive reviews the request.”

Such requests should be made by March 11, 2006 to either

Phyllis May at 487-3570, or
Dave Luscombe at 475-7211.

I'm looking forward to seeing you at the meeting. This will be your opportunity to volunteer to join the Executive Team.

Happy walking,
Dave Luscombe, V.P.

April Fool's Day Walk

📣 Wear something inside out for our April 1 walk. Expect a good time—photos will be taken!

☺ Coffee and cookies after the walk. ☺

The walk starts at 10:30 AM at the Lacombe Park Shelter in St. Albert.

👣 Come out and enjoy a fun day! 👍

Newsletter Info

Submissions

If you have any articles, walking adventures, pictures, notices, or anything else you'd like to see in this newsletter, please submit them for future issues. Until we get a new Newsletter Editor you can still send any submissions to me, Gordon Brandly. I'd prefer to have your submission e-mailed to:

StAlbertTrekkers@shaw.ca

...but you are also welcome to mail your submission to me at:

Gordon Brandly
12147 51 Street NW

Edmonton AB T5W 3G8

The Newsletter in Electronic Form

The e-mail version of this newsletter has several advantages for both you and the club: You get the newsletter faster, you get to see the pictures in colour, and you help save the club some printing and postage costs. If you'd like to receive your newsletter by e-mail in PDF or plain text format, just send a message to the e-mail address above and tell me which format you prefer.

Thanks for your submissions,
and see you all on the trails!

