



St Albert Trekkers Volkssport Club

YRE Walk # 1, 10k/11k "Big Lake" Route

January 1 to December 31



Please Read These Notes

This walk has a 10k or an 11k option. The 11k option includes an in and out walk to an observation deck overlooking Big Lake, part of Lois Hole Provincial Park.

In the following instructions "RT" means "Right Turn", "LT" means "Left Turn", "SA" means "Straight Ahead", "MUT" means "Multi-use Trail" and "WT" means "Walk Through". This walk makes extensive use of MUT's and WT's. The City does not keep all these trails free of snow so some of the trails may be difficult in snowy conditions. Use discretion.

Washrooms are available at the start and at St Albert Place.

This walk starts from the St Albert Inn.

1. From the lobby of the St Albert Inn, LT and follow the contour of the building. Veer left in front of the Liquor Store and onto the sidewalk along Gate Ave (unsigned). Follow to Grange Dr and cross Gate. LT along Gate to Grandin Rd. RT just before the STOP sign to Pedestrian Crossing Light at Grandville Ave. Cross Grandin at this light and RT following Grandin down the hill crossing Grosvenor Blvd to Sir Winston Churchill Ave (SWC). Cross SWC at the traffic control lights going SA onto St Anne St. (1.7k)
2. Follow St Anne past St Albert Place and then immediately LT onto the main Red Willow Trail. Follow MUT (Sturgeon River on your right) passing under the trestle railway bridge and past the rodeo grounds to Ray Gibbon Dr (unsigned) (4.8k)
3. At the T-junction in the MUT, make your decision.
 - **For the 11k option**, RT going under the bridge to the observation deck. Return along the same route back to the T-junction and continue on MUT parallel to Ray Gibbon Dr. (6.2k)
 - **For the 10k option**, LT at the T-junction and continue on the MUT parallel to Ray Gibbon Dr.
4. Follow MUT as it veers left (soccer/rugby fields on your left) and then right to the trail junction with Riel Dr and Levasseur Rd. Follow trail paralleling Levasseur uphill, crossing the railroad tracks to SWC.(6.5k: 7.9k)
5. At the traffic control lights, cross SWC and Levasseur and LT along SWC to Gainsborough Ave (Husky on right). RT on Gainsborough for about 120m and then RT on WT between houses #87 and #85. Follow WT to Glenwood Cres (unsigned). (6.8k: 8.2k)
6. Go SA along Glenwood to T-junction (yield sign) and cross road. RT for about 80m to WT between houses #16 and #18. LT onto WT and exit crossing Graham Ave (unsigned) into Greer Cres. At T-junction, RT and follow around to WT between house #50 and #54. Take WT past the "tot lot" exiting into Gillian Cres (unsigned). (7.6k: 9.0k)
7. LT on Gillian for about 100m to WT on your right between house #26 and #30. RT onto WT exiting into Gretna PI (unsigned). LT on Gretna to and across Grosvenor Blvd. LT along Grosvenor to Gordon Cres. RT on Gordon proceeding SA through "tot lot" across Gordon to Grandin Rd. (8.3k: 9.7k)
8. Cross Grandin. LT for about 200m to paved MUT on your right (passing Gaspé Ct enroute). RT on paved MUT and keeping the pond on your left, pass through the ecological park to Gervais RD (unsigned). LT on Gervais to and across Grange DR. LT on Grange going past shopping centre. RT at transit centre and cross parking lot back to the Inn. (9.7k: 11.1k)

Another great Capital Region Walk

DON'T FORGET TO STAMP YOUR BOOKS (Use walk #1 Stamp – YRE 002)