



St Albert Trekkers Volkssport Club
ST ALBERT YEAR ROUND BICYCLE ROUTE – 25 km
January 1 to December 31



PLEASE READ THESE NOTES: In the following Instructions “RT” means “Right Turn”, “LT” means “Left Turn” and MUT means Multi-use Trail. The Starting Point for this Route is the St Albert Inn.

If you feel that it is safer to ride on the sidewalk, do so as riding on the sidewalk is allowed in St Albert (except in downtown – however, this route does not take in downtown).

Try doing the route in reverse for variety.

1. From the St Albert Inn LT to Gate Ave. LT to Grandin Rd. LT again to Levasseur Rd.
2. RT on Levasseur using the MUT on the left hand side of the road. Cross Sir Winston Churchill to Riel Dr. At Riel Dr, take the MUT on the left following it all the way around the soccer fields and the rodeo grounds to the footbridge over the river (Children's Bridge).
3. LT over the bridge then left again taking the fork nearest the river. Follow MUT crossing Meadowview Dr and staying left at the fork going between the houses and the railway track to Morgan Cres at McKenny Ave. LT and cross McKenny to the left-hand path that passes left of the Lacombe Lake shelter (Washrooms).
4. Continue on the main path keeping lake on your right. Ignore all exits until you reach the T-junction with a cement path. LT and stay on this path passing an intersection with two possible left turns and 1 possible right turn until you reach a wide Cement path on your left (passing between two pine trees). Turn on to this path and proceed to Giroux Rd (Giroux is an arterial divided road).
5. RT on Giroux to Liberton, RT on Liberton to McKenny and cross into Muir Dr. Continuing on to St. Vital Ave. Cross to Madison. RT to Madonna, LT to Mission, RT to Perron, LT onto left sidewalk proceeding toward bridge.
6. Do not cross bridge but LT onto MUT (river on your right). Stay on MUT to Boudreau Rd. RT across the Boudreau Rd bridge then RT again passing under the bridge (river now on left).
7. Follow the MUT all the way to and through Kingswood Park looping around the Gazebo at the end returning back to the shelter (Washrooms) and continue back to under the Boudreau bridge river on your right.
8. Watch for and take a Left fork in the MUT near a children's playground. This will take you between houses to Sturgeon Rd (unsigned).
9. Cross Sturgeon following MUT through Braeside Ravine to Sir Winston Churchill (unsigned), cross and continue through Forest Lawn Ravine to Forest Dr (unsigned). Cross continuing on to Hebert Rd.
10. RT on Hebert Rd back to Hwy 2 (St Albert Trail). Cross to service road and back to the Inn.

DON'T FORGET TO STAMP YOUR CYCLE DISTANCE BOOK