



# St Albert Trekkers Volkssport Club

## **YRE Walk # 2 - 5 km Options**

January 1 to December 31



### **Please Read These Notes**

In the following instructions “RT” means “Right Turn”, “LT” means “Left Turn”, “SA” means “Straight Ahead”, “MUT” means Multi-use Trail and “WT” means “Walk Through”.

Washrooms are available at the start.

**These walks all start from the St Albert Inn.**

### **Grandin District and River Walk**

1. From the lobby of the St Albert Inn, LT and follow the contour of the building. Veer left in front of the Liquor Store and onto the sidewalk along Gate Ave (unsigned). Follow to Grange Dr and cross Gate. LT along Gate to Grandin Rd. RT just before the STOP sign to Pedestrian Crossing Light at Green Lees Pl/Grandville Ave. Cross Grandin and continue SA along Grandville to Grosvenor Blvd. RT on Grosvenor to Grenfell Ave (joins Grosvenor at the bend). (1.4k)
2. Cross Grosvenor and Grenfell and LT along Grenfell to Gresham Blvd. RT on Gresham to Sir Winston Churchill (SWC) Ave. RT and proceed to the traffic lights at Tache St. (2.4k)
3. Cross SWC and follow Tache to the MUT to the right of the seniors' centre. RT just before the Children's Bridge and proceed to just past St Albert Place (washrooms). RT onto St Anne St back to SWC. (3.4k)
4. Cross SWC and follow Grandin to Grandville. Cross Grandin at crosswalk. (4.5k)
5. RT to Gate and retrace your steps back to the Inn. (5.1k)

### **Akinsdale and Forest Lawn District Walk**

1. From the lobby of the St Albert Inn, RT to Gervais Rd. LT and cross St Albert Rd and proceed SA onto Hebert Rd. Continue to Arlington Dr. RT and cross Hebert at the traffic control lights. (0.8k)
2. Continue on Arlington. After crossing Attwood Dr, LT onto WT between houses #100 and #96. Follow the path to “T”-junction (playground on right). Stay right and follow back to Attwood (unsigned). Cross and continue on path slightly to left (arena on right) to Hebert (unsigned). RT on Hebert to Akins Dr. (2.4k)
3. LT and cross Hebert and immediately RT and cross Falstaff Ave. Continue SA on MUT through park to Forest Dr (unsigned). LT on Forest and follow all the way to Cunningham Rd. (3.6k)
4. LT past Paul Kane school to Sunset Blvd. LT crossing Cunningham and follow Sunset to Sheridan Dr. (4.5k)
5. RT across Sunset and follow Sheridan to WT between houses #12 and #16. Follow WT and RT onto path through noise barrier wall. RT on St Albert Rd to traffic control lights at Gate. Cross highway and Gate and return to the Inn. (5.4k)

**See Over Page For More Walks**

## Sturgeon District and Downtown Walk

1. From the lobby of the St Albert Inn, LT on service road to Gate Ave. Cross Gate and St Albert Rd at traffic control lights and RT to opening in the noise barrier wall. Go through the opening and follow trail to WT on the left. Follow WT to Sheridan Dr (unsigned and continue on left along Sheridan to WT between houses #72 and #76. (0.9k)
2. Follow WT to Sterling St (unsigned) and cross into Scarboro PI and walk around to WT between houses #9 and #11. Take WT to Spruce Cres (unsigned). LT on Spruce and continue on left side to WT between houses #37 and #39. Take this WT through the noise barrier wall and down the stairs to Sir Winston Churchill (SWC) Ave. (1.6k)
3. LT under the highway overpass to Green Grove Dr and cross. RT and cross SWC and continue down Perron St to St Anne St. Cross and LT along St Anne passing St Albert Place (washrooms) to your right to SWC. (2.7k)
4. Cross SWC and continue along Grandin Rd to Grosvenor Blvd. Cross Grosvenor, RT and follow around to Grandville Ave. LT on Grandville to Grandin. (4.1k)
6. RT on Grandin to pedestrian crosswalk at Grandora Cres. Cross Grandin and continue SA on the MUT keeping left at all junctions to Gate Ave (unsigned). RT and make your way back to the Inn (5.0k)

## Heritage Lakes District Walk

1. From the lobby of the St Albert Inn, LT and follow the contour of the building. Veer left in front of the Liquor Store and onto the sidewalk along Gate Ave (unsigned). Follow to Grange Dr. Cross and continue to paved path just past church building. LT on trail. Continue SA at intersection. At next T-junction stay left on path to pond (part of path is red shale) and continue to next T-junction. RT to Grandin Rd (unsigned). (0.8k)
2. LT to Levasseur Rd. Cross Levasseur at traffic control lights and continue SA on Hudson Rd crossing Hanchak Way to Heritage Dr. RT along Heritage to **second** Highland Cres sign. Cross Highland and RT to mailboxes. (2.0k)
3. LT onto paved path. At "Y" take concrete path (left) to Heritage Way (unsigned). DO NOT CROSS WOODEN BRIDGE. Cross Heritage and continue SA on trail keeping to the left at all junctions to Harwood Rd (unsigned). LT and LT almost immediately going around pond. (2.9k)
4. Immediately after crossing wooden bridge, RT keeping left at all junctions to Heritage Dr (unsigned). Cross and continue SA on trail and follow to junction of **Heritage Dr** and **Heritage Way**. RT along **Heritage Dr** to Hudson. Cross Hudson and LT to Levasseur crossing at the traffic control lights onto Grandin. (4.5k)
5. Proceed SA past Governor's Hill (housing complex) to paved path on right. RT onto path to T-junction and then LT (pond on right). Stay right at all junctions to first intersection. RT at intersection. (5.0k)
6. Follow trail (fence on right and church building on left). Cross Grange at pedestrian crossing and continue through parking lot back to Inn. (5.4k)

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**DON'T FORGET TO STAMP YOUR BOOKS (Use walk #2 Stamp – YRE 131)**