



## St Albert Trekkers Volkssport Club

### YRE Walk # 2B – Alt. 10 km Art and History Walk

January 1 to December 31, Annually



**Please Read These Notes:** In the following instructions “RT” means “Right Turn” and “LT” means “Left Turn”.

**The Starting Point for these two walks is St Albert Place on St Anne Street.**

**To drive there**, leave the St Albert Inn parking lot between the liquor store and the Greyhound Bus Depot turning left onto Gate Ave (unsigned) and proceed to Grandin Rd. RT onto Grandin Rd at the stop sign. Grandin Rd becomes St Anne St on Crossing Sir Winston Churchill Ave. There is usually ample free parking in the large civic parking lot across the street from St Albert Place. The walk starts from this parking lot.

In the following instructions, **bold type will indicate the walk route** while *italicized type describes the point of interest along the route*.

Washrooms are available in St Albert Place.

*St Albert was established in 1861 by Father Albert Lacombe, OMI and is named after his patron saint, St Albert the Great. Father Lacombe brought a number of families to settle and begin farming here. Together They built a log chapel that we will see later during the walk.*

*St Albert Place was designed by Métis architect Douglas Cardinal and houses some of the City Offices, the Arden Theater, the e Museum, the Library and several Art Studios. Cardinal also designed the Museum of Civilization in Hull, Quebec, the Odysseum in Edmonton, Grand Prairie College and St Mary's Church in Red Deer.*

**1. Starting from the parking lot, leaving St Albert Place behind walk towards the row of buildings.** *Observe the mural to the left by local artists Lewis Lavoie and Phil Alain. This mural entitled "Children's Legacy" was unveiled in December 2004 and is a composite of 216 paintings by local artists. Queen Elizabeth unveiled Lavoie and Alain's most recent composite work, "Buffalo Twins" in May 2005 at the Royal Alberta Museum, E Edmonton. It celebrated the 100<sup>th</sup> anniversary of Alberta and Saskatchewan joining Confederation and is now located in Lloydminster, a city that straddles the boundary between the two provinces.*

**2. Pass through Founders Court (walk-through to the right of Drayden Insurance and Registries building).** *Observe another mural by Lewis Lavoie depicting the "Sisters of Charity" (the Grey Nuns). At the exit of the walk through, view the statue of "St Albert the Great as a Youth" by artist Al Henderson.*

**3. At Perron St (exit of walk-through), LT and walk to the corner.** *Rik's Grill across St Anne St stands on the former site of the Bruin Inn built in 1929 replacing the St Albert Hotel that had been destroyed by fire in 1928. The Bruin Inn was one of the few places in Alberta where men and women could drink together in the same establishment during the 1940's and 1950's.*

**4. Cross Perron St at the traffic control lights and RT passing in front of the Profiles Public Art Gallery.** *This brick building was built in 1913 and was the Royal Hotel. At the corner of Perron and St Michael St, look to the right above the corner store to see Bella Totino Busby's "Healthy Communities" mural.*

**5. Cross St Michael St and continue up the hill to Sir Winston Churchill Ave.** *Observe the Perron Clock Park built in 1995. The clock tower is 71 feet high and is double walled, concrete blocks inside and clay brick outside. The space between the two walls is fitted with measuring*

devices that detect movement. Perron St is named for Fleur Perron (1866 – 1931) a member of the first Town Council and owner of one of the first brick yards in Alberta. The mural by artist Tag Kim is titled "Spirit of St Albert".

**6. Cross Perron St at the traffic control lights and RT walking back down the hill to St Thomas St.** As you descend the hill, look to the right and see the mural "Colour Fields" by Angela Grootelaar.

**7. LT along St Thomas St and follow it to its end on St Anne St.** Along the way observe the artistic bench "Blooms" by Karen Ho Fat. A few steps further, note a sculpture, "Wenden Way" by Ken Macklin. At St Anne St is the falcon sculpture, "Threshold" by artist Robert Spaiht. You have a great view of the Court House and St Albert Place from this spot.

**8. Cross St Anne St and RT toward St Albert Place. Proceed to the main entrance.** See the Sculpture, "Hide and Seek" by Barbara Paterson.

**9. Return to the sidewalk and LT to the paved trail just beyond the building. LT and proceed to the Children's bridge.** This pedestrian bridge was built in 1979 to commemorate the United Nations International Year of the Child.

**10. Cross the bridge and LT on the trail closest to the river.** Ahead is the Trestle Railroad Bridge that dates back to 1907. The Grey Nuns donated the Canadian National Railway right-of-way through St Albert. The Grey Nuns came to St Albert in 1863 and opened the first hospital west of St. Boniface, Manitoba. A school followed the hospital in 1878.

**11. Proceed along the path up the hill to the Grain Elevators.** The red one was built in 1929 and the second one was built in 1930. Both now belong to the Musee Heritage Museum and are partially restored to working condition. The newly completed Train Station facing the track is a replica of the 1920's original one.

**12. Walk on past the grain elevators until you have reached a safe place where you can see traffic from both directions on Mission Ave. CAREFULLY CROSS MISSION AVE. RT to and across St Vital Ave. LT along St Vital crossing Mill Dr and Mount Royal Dr along the way up to the top of a small hill.** Here you will see the St Albert Parish Church. This church was built in 1900 and is the third church on this site. The three bells next to the church were cast in France and were gifts to the first bishop, Bishop Grandin. One bell arrived in 1884 while the other two arrived in 1887. A statue of Father Lacombe is at the entrance to the parking lot. Closer to the street is the log chapel built by Father Lacombe in 1861 with help from the Cree First Nation and the Metis. This is the oldest building in the province but it is no longer on its original foundation. It is a Provincial Heritage Site and is open during the summer. (The oldest building in Alberta still on its original foundation is at Fort Victoria, on the north bank of the North Saskatchewan River south of Smoky Lake.)

**13. RT on to the red shale Founders Promenade that winds its way down and to the left of the Little White School. (NOTE: If the path is snow covered, continue to Madonna Dr and RT going downhill to Madison Ave. LT on Madison for one block to Maple Dr. RT to Mission Ave and continue with instruction 15.)** The Founders Promenade was built in 1988 and commemorates St Albert's pioneer families. The school was built in 1946 and is a St Albert Heritage Site.

14. **With the school on your right, watch for the walkway to your left. LT and go down the steps to Madonna Dr. Cross Madonna and proceed down Madison Ave for one block to Maple Dr. RT to Mission Ave. Just across Mission is house #10, Fleuri Perron's home built in 1901.**

15. **RT on Mission and proceed to Madonna. The Juneau House, # 9, built in 1890 is at the corner of Mission and Madonna. Today it is a Metis Museum.**

16. **Carefully cross Mission and RT to Perron St. LT on Perron and cross the Perron Street Bridge. The current bridge is the fourth bridge built on this site. The original bridge built in 1862 was the first bridge in Canada west of the Great Lakes. Those who helped build the original wooden bridge crossed for free but others had to pay a toll.**

17. **Carry on to St Anne and LT. Note the artistic bench, "Butt Hinge" by artist Garry Jones. Toilet and Drinks are available at the coffee shop. Once you pass the building, turn around and observe the large mural, "Saturday at the Market" by Stan Phelps and Keith Holmes.**

18. **LT just past #11 St Anne and walk to the river trail. RT towards the St Albert Road bridge. Note the mural on the Running Room building, "On the Trail" by Jamie, a Toronto artist.**

19. **Go under the bridge and RT to the Log Cabin. Many of the logs in this building are the original ones from the NWMP Barracks dating back to 1888. Walk around to the front to read the plaque.**

20. **Return to the Red Willow Trail and RT walking along the Sturgeon River. Continue on this trail. Do not exit to the right or left. Pass under the Boudreau Rd Bridge. A recreation area consisting of a water park, a skateboard park and beach volleyball area is on your right. Continue to the Minor Baseball Fields. Look across the river at this point to Hole's Green houses. The home of our late Lieutenant Governor. Lois Hole is on this property. She was dearly loved and famous for her hugs.**

21. **Turn around and walk back under the Boudreau Bridge. LT and cross the bridge and LT down the hill into the wooded area proceeding straight ahead under the St Albert Rd and Perron St bridges. You arrive at the ACT Celebration Garden just past the senior's complex. RT and take a stroll through the garden. This garden is a legacy from the 1999 international year of Older Persons. Here you see the sculptural fountain "Butterfly Sails" and bench "Snail on a Leaf" both by Karen Ho Fat. Loop around the first circle and take note of two more sculptural benches "Fallen Branch" by Eduino Sousa on the left and "Sitting Upon Flowering Stone" by Robin Krepakevich on the right. Toward the rear of the garden is the sculptural gazebo constructed in 2005 by artist/blacksmith Shawn Cunningham.**

22. **Leave the garden and RT following the trail closest to the garden up through the trees to the intersection of trails. LT and cross the Children's Bridge. LT and return to St Albert Place.**

<b>DON'T FORGET TO STAMP YOUR BOOKS (Use Walk #2 Stamp)</b>
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See over page for walk instructions with out the notes.

## **YRE Walk #2 - Alt 10 km Art and History Walk**

1. Starting from the parking lot, leaving St Albert Place behind walk towards the row of buildings.
2. Pass through Founder's Court (walk-through to the right of Drayden Insurance and Registries building).
3. At Perron St (exit of walk-through), LT and walk to the corner.
4. Cross Perron St at the traffic control lights and RT passing in front of the Profiles Public Art Gallery.
5. Cross St Michael St and continue up the hill to Sir Winston Churchill Ave.
6. Cross Perron St at the traffic control lights and RT walking back down the hill to St Thomas St.
7. LT along St Thomas St and follow it to its end on St Anne St.
8. Cross St Anne St and RT toward St Albert Place.
9. Proceed to the paved trail just beyond the building. LT and proceed to the Children's bridge.
10. Cross the bridge and LT on the trail closest to the river.
11. Proceed along the path up the hill to the Grain Elevators.
12. Walk on past the grain elevators until you have reached a safe place where you can see traffic from both directions on Mission Ave. CAREFULLY CROSS MISSION AVE. RT to and across St Vital Ave. LT along St Vital crossing Mill Dr and Mount Royal Dr along the way up to the top of a small hill.
13. RT on to the red shale Founder's Promenade that winds its way down and to the left of the Little White School. (NOTE: If the path is snow covered, continue to Madonna Dr and RT going downhill to Madison Ave. LT on Madison for one block to Maple Dr. RT to Mission Ave and continue with instruction 15.)
14. With the school on your right, watch for the walkway to your left. LT and go down the steps to Madonna Dr. Cross Madonna and proceed down Madison Ave for one block to Maple Dr. RT to Mission Ave.
15. RT on Mission and proceed to Madonna.
16. Carefully cross Mission and RT to Perron St. LT on Perron and cross the Perron Street Bridge.
17. Carry on to St Anne and LT.
18. LT just past #11 St Anne and walk to the river trail. RT towards the St Albert Road bridge.
19. Go under the bridge and RT to the Log Cabin.
20. Return to the Red Willow Trail and RT walking along the Sturgeon River. Continue on this trail. Do not exit to the right or left. Pass under the Boudreau Rd Bridge. A recreation area consisting of a water park, a skateboard park and beach volleyball area is on your right. Continue to the Minor Baseball Fields.
21. Turn around and walk back under the Boudreau Bridge. LT and cross the bridge and LT down the hill into the wooded area proceeding straight ahead under the St Albert Rd and Perron St bridges. You arrive at the ACT Celebration Garden just past the senior's complex. RT and take a stroll through the garden.
22. Leave the garden and RT following the trail closest to the garden up through the trees to the intersection of trails. LT and cross the Children's Bridge. LT and return to St Albert Place.

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